

# Challenge Camp Session 1-2

# JULY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30 Chicken Tenders Smashed Potatoes Steamed Broccoli Pasta/GF Pasta Fresh Fruit Quarters	1 Hamburger, Cheese Burger, Veggie Burger Waffle Fries Corn on the Cob Watermelon	2 Chicken Nuggets French Fries Sweet Corn Fresh Summer Fruit	3 Sliced Pizza Pasta/GF Pasta Marinara Green Beans Watermelon	4 OFF	5
6	7 Quesadillas (Chicken & Cheese) Green Beans Fruit salad Cookies	8 Roasted Turkey Sweet Potato Wedges, Vegetable Medley Chocolate Chip Cookies	9 Mac & Cheese Roasted Carrots Roasted Broccoli Brownies	10 Beef Tacos Lettuce, Salsa, and Cheese Roasted Zucchini Churros	11 Sliced Pizza Fresh green Salad Green Beans Pineapple	12
13	14 Roasted Chicken Rice Snow Peas Apple Sauce	15 Turkey Tacos Lettuce, Salsa, and Cheese Roasted Carrots Churros	16 Baked Ziti Vegetables Green Beans Summer Fruit	17 Popcorn chicken Steamed Green Beans French Bread Chocolate pudding	18 Oven Baked Sliced Pizza Vegetable Sticks Chocolate Chip Cookies	19
20	21 Fish and Chips French Green Beans Brownies	22 Waffle Bar with Toppings Scrambled Eggs Roasted Potatoes Fresh Fruit	23 Chicken Tenders Vegetable Medley French Bread Peach Slices	24 Philly Cheesesteak Waffle Fries Corn on the Cob Watermelon	25 Sliced Pizza Vegetable Sticks Italian Ices	26
27	28 Chicken Tenders Smashed Potatoes Steamed Broccoli Fresh Fruit Quarters	29 Macaroni and Cheese Zucchini fingers Jell-O	30 Beef Tacos Lettuce, Salsa, and Cheese Roasted Carrots Summer fruit	31 Quesadillas (Chicken & Cheese) Green Beans Fruit salad Churros		

**Dairy Alternative:** Milk ,100% Fruit Juice and water will be offered daily with lunch meals. Ice Cream or Ice Pop treat served daily as a Snack.

**Served Daily:** Plain Pasta, Marinara, Plain Bagels, GF Rolls.

**Food Allergy:** If you have a food allergy, please speak to the owner, manager, Chef or your Server.

Note- Session 2 begins July 28<sup>th</sup>.

# Challenge Camp Session 2 August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Sliced Pizza Garlic roasted broccoli Pudding	2
3	4 Popcorn Chicken Yellow Rice Green Beans Fruit Cups Yellow Cake	5 Fish and Chips French Green Beans Brownies	6 Quesadillas (Chicken & Cheese) Green Beans Fruit salad Cookies	7 Hamburger, Cheeseburger, Veggie Burger Waffle Fries Corn on the Cob Watermelon	8 Sliced Pizza Pasta/GF Pasta Marinara Vegetable Sticks Brownies	9
10	11 Waffle Bar / Eggs French Toast Sticks tater tots Corn	12 Chicken Tenders Rice Sautéed Broccoli Apple Sauce	13 Baked Ziti Pasta/Gf Pasta Marinara Snow Peas Summer Fruit	14 Roasted Chicken Steamed Green Beans French Bread Chocolate pudding	15 Sliced Pizza GF Pizza Salad Bar Chocolate Chip Cookies	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

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