

CHALLENGE CAMP 2022

SESSION 1				
JUNE 27	JUNE 28	JUNE 29	JUNE 30	JULY 1
Chicken Tenders Smashed Potatoes Steamed Broccoli Fresh Fruit Quarters	Pasta Bar Fresh green Salad Green Beans Pineapple	Roasted Turkey Sweet Potato Wedges Vegetable Medley Chocolate Chip Cookies	Hamburger, Cheese Burger, Veggie Burger Oven Baked Fries Corn on the Cob Watermelon	Oven Baked Fresh Pizza Vegetable Sticks Chocolate Chip Cookies
JULY 4	JULY 5	JULY 6	JULY 7	JULY 8
NO CAMP	Macaroni and Cheese Sweet Peas Apple Sauce	Turkey Tacos Lettuce, Salsa, and Cheese Roasted Carrots Nectarines	Baked Ziti Vegetables Sweet Peas brownies	Oven Baked Fresh Pizza Vegetable Sticks Chocolate Chip Cookies
JULY 11	JULY 12	JULY 13	JULY 14	JULY 15
Popcorn Chicken Steamed Green Beans French Bread Chocolate pudding	Waffle Bar with Toppings Scrambled Eggs Roasted Potatoes Fresh Fruit	Cheese Tortellini Vegetable Medley French Bread Peach Slices	Hamburger, Cheese Burger, Veggie Burger Oven Baked Fries Corn on the Cob Watermelon	French Bread Pizza Vegetable Sticks Italian Ices
JULY 18	JULY 19	JULY 20	JULY 21	JULY 22
Fish and Chips French Green Beans Brownies	Chicken Tenders Cous cous Sautéed Broccoli Apple Sauce	Beef Tacos Lettuce, Salsa, and Cheese Roasted Carrots Nectarines	Macaroni and Cheese Zucchini fingers Jell-O	Pizza Salad Bar Chocolate Chip Cookies
SESSION 2				
JULY 25	JULY 26	JULY 27	JULY 28	JULY 29
Popcorn Chicken White and Wild Rice Roasted Squash Apple Sauce	Pasta Bar Fresh Tomato Salad Green Beans Brownies	Waffle Bar with Toppings Scrambled Eggs Roasted Potatoes Fresh Fruit	Honey Dipped Chicken Smashed Sweet Potatoes Roasted Cauliflower Bananas	Oven Baked Fresh Pizza Garlic roasted broccoli Pudding
AUGUST 1	AUGUST 2	AUGUST 3	AUGUST 4	AUGUST 5
BBQ Chicken Herbed Egg Noodles Snow Peas Fruit Salad	Macaroni and Cheese Whole Grain Rolls Vegetable Medley Apple Sauce	Beef Tacos Confetti Rice Herbed Green Beans Watermelon	Cheese Tortellini Vegetables Sweet Peas Cookies	French Bread Pizza Wheatberry Salad Fruit Salad
AUGUST 8	AUGUST 9	AUGUST 10	AUGUST 11	AUGUST 12
Hamburger, Cheese Burger, Veggie Burger Potato Salad Corn on the Cob Watermelon	Quesadillas Green Beans Fruit salad	Pasta Bar French Bread Steamed Broccoli Peach Slices	Chicken Tenders Oven Baked Fries Roasted Carrots Jell-o	Oven Baked Fresh Pizza Vegetable sticks Cookies

Daily Alternatives

Self service Salad Bar is available with lunch every day.

Plain Pasta to be offered daily with butter/ red sauce available on the side.

1% Milk, Lo-Fat Chocolate, and 100% Fruit Juice will be offered daily with lunch meal.

Yogurt, House made Granola and Fresh Fruit

Plain Bagel will be offered daily as an alternative.

Ice Cream or Ice Pop Treat served daily as a Snack.

If you have a food allergy, please speak to the owner, manager, chef or your server.