



# 1st Session 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>June 28</b> <ul style="list-style-type: none"> <li>• Mac &amp; Cheese</li> <li>• Roasted Carrots</li> <li>• Roast Broccoli</li> <li>• Water Bottle</li> </ul>	<b>29</b> <ul style="list-style-type: none"> <li>• Cheese Quesadillas</li> <li>• Roasted Corn</li> <li>• Mexican Rice</li> <li>• Water Bottle</li> </ul>	<b>30</b> <ul style="list-style-type: none"> <li>• Falafel &amp; Pita</li> <li>• Roasted Potatoes</li> <li>• Corn on the cob</li> <li>• Water Bottle</li> </ul>	<b>July 1</b> <ul style="list-style-type: none"> <li>• BBQ Chicken</li> <li>• Mashed Potatoes</li> <li>• Peas &amp; Carrots</li> <li>• Water Bottle</li> </ul>	<b>2</b> <ul style="list-style-type: none"> <li>• Pizza Pockets</li> <li>• Roasted Vegetables</li> <li>• Soft Pretzels Bits</li> <li>• Water Bottle</li> </ul>
<b>5</b>  No Camp	<b>6</b> <ul style="list-style-type: none"> <li>• Black Bean &amp; Cheese Roll ups</li> <li>• Mexican Rice</li> <li>• Roasted Corn</li> <li>• Water Bottle</li> </ul>	<b>7</b> <ul style="list-style-type: none"> <li>• Chicken &amp; Broccoli</li> <li>• White Rice</li> <li>• Stir Fried Vegetables</li> <li>• Water Bottle</li> </ul>	<b>8</b> <ul style="list-style-type: none"> <li>• Chicken Nuggets</li> <li>• Potato Pancakes</li> <li>• Roasted Vegetables</li> <li>• Bottle Water</li> </ul>	<b>9</b> <ul style="list-style-type: none"> <li>• Pizza Bagels</li> <li>• Roasted Vegetables</li> <li>• Soft Pretzels Bits</li> <li>• Water Bottle</li> </ul>
<b>12</b> <ul style="list-style-type: none"> <li>• Fish Sticks</li> <li>• Roasted Potato</li> <li>• Steamed baby Carrots</li> <li>• Water Bottle</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li>• Cheese Quesadilla's</li> <li>• Steamed Vegetables</li> <li>• Three Bean Chili</li> <li>• Water Bottle</li> </ul>	<b>14</b> <ul style="list-style-type: none"> <li>• Chicken sliders</li> <li>• Roast Red Potatoes</li> <li>• Roasted Cauliflower</li> <li>• Water Bottle</li> </ul>	<b>15</b> <ul style="list-style-type: none"> <li>• Chicken Shawarma</li> <li>• Pita Bread</li> <li>• Lentil Rice Pilaf</li> <li>• Grill Vegetable</li> <li>• Water Bottle</li> </ul>	<b>16</b> <ul style="list-style-type: none"> <li>• White Pizza</li> <li>• Roasted Vegetables</li> <li>• Pretzel Bits</li> <li>• Water Bottle</li> </ul>
<b>19</b> <ul style="list-style-type: none"> <li>• Macaroni &amp; Cheese</li> <li>• Steamed String Beans</li> <li>• Herb Squash</li> <li>• Water Bottle</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>• Falafel &amp; Pita</li> <li>• Rice Pilaf</li> <li>• Roasted Cauliflower</li> <li>• Water Bottle</li> </ul>	<b>21</b> <ul style="list-style-type: none"> <li>• Baked Chicken Tenders</li> <li>• Roasted Red Bliss</li> <li>• Roasted Corn</li> <li>• Water Bottle</li> </ul>	<b>22</b> <ul style="list-style-type: none"> <li>• Beef Tacos</li> <li>• Mexican Rice</li> <li>• Roasted carrot</li> <li>• Water Bottle</li> </ul>	<b>23</b> <ul style="list-style-type: none"> <li>• Pizza Paninis</li> <li>• Pretzel Bits</li> <li>• Roasted Broccoli with Oil</li> <li>• Water Bottle</li> </ul> ****SESSION ENDS

**PREPACKAGED "GRAB 'N GO" ITEMS – AVAILABLE DAILY FOR SINGLE USAGE PICK UP**

- Tossed Salads
- Carrots & Celery Sticks
- Small cup of Tuna Salad
  - Plain Pasta
  - Bread Rolls w/ PC jelly
- Assorted Fruits: Apples, Oranges, Pears, Plums, Peaches Or Fresh Fruit Salad Cups