



CHALLENGE CAMP 2ND SESSION 2018 - MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23 <ul style="list-style-type: none"> • Cornmeal Crusted Chicken Nuggets • Green Onion Potato Pancakes • Roasted Vegetables • Pickles 	24 <ul style="list-style-type: none"> • Hamburgers • Veggie Burgers • Buns • Potato Chips • Pickles • Watermelon 	25 <ul style="list-style-type: none"> • Cheese Quesadillas • Roasted Corn • Mexican Rice • Chips & Salsa Bar 	26 <ul style="list-style-type: none"> • Waffles • Cheesy Eggs • Scrambled Eggs • Home Fries 	27 <ul style="list-style-type: none"> • Cheese Pizza • White Pizza • Roasted Vegetables
30 <ul style="list-style-type: none"> • Baked Homemade Chicken Tenders • Spicy Fries • Garlic Broccoli Pickles 	31 <ul style="list-style-type: none"> • Baked Fish Sticks • Mashed Potatoes • Soft Pretzels 	1 <ul style="list-style-type: none"> • Macaroni & Cheese • Plain Pasta • Marinara Sauce • Steamed Carrots 	2 <ul style="list-style-type: none"> • Cheese Blintzes • Cheesy Eggs • Scrambled Eggs Home Fries 	3 <ul style="list-style-type: none"> • Cheese Pizza • Greek Vegetable Pizza • Roast Vegetable Medley
6 <ul style="list-style-type: none"> • BBQ Chicken Breast • Herb Roasted Red Potatoes • Honey Glazed Roasted Carrots • Pickles 	7 <ul style="list-style-type: none"> • Chicken Shawarma • Pita Bread • Lentil Rice Pilaf • Grilled Mediterranean Vegetables • Pickles 	8 <ul style="list-style-type: none"> • Pancakes • Cheesy Eggs • Scrambled Eggs • Home Fries 	9 <ul style="list-style-type: none"> • Black Bean & Cheese Burritos • Mexican Rice • Roasted Corn on Cob • Chips & Salsa Bar 	10 <ul style="list-style-type: none"> • Cheese Pizza • Margherita Pizza • Roasted Vegetables • Soft Pretzels <p>****SESSION ENDS</p>

SALAD BAR

-OFFERED DAILY MAY INCLUDE: LETTUCE, MESCLUN SALAD MIX, CUCUMBERS, SHREDDED CARROTS, TOMATOES, PEPPERS, MUSHROOMS, BABY CORN, CHICK PEAS, KIDNEY BEANS, PICKLE CHIPS, BEETS, BLACK OLIVES, MANDARIN ORANGES, PEAS, KERNEL CORN, TUNA SALAD, AND HARD-BOILED EGGS
 -SALAD DRESSINGS REGULAR AND LOW-FAT MAY INCLUDE: RUSSIAN, FRENCH, CREAMY ITALIAN, LITE ITALIAN, THOUSAND ISLAND, CAESAR, BALSAMIC VINAIGRETTE, RASPBERRY VINAIGRETTE

AVAILABLE DAILY

-PLAIN PASTA, WATER, SPA WATER
 -BREAD: SLICED WHOLE WHEAT & FRESH MINI BAGELS SERVED DAILY
 -JELLY, MARGARINE, SOYNUIT BUTTER
 -CREAM CHEESE AND BUTTER, 2% MILK, 1% CHOCOLATE MILK, AND YOGURT ON DAIRY DAYS ONLY

DAILY FRUIT

-MAY INCLUDE: APPLES, ORANGES, PEARS, PLUMS, PEACHES, FRESH FRUIT SALAD

*** ALL FOOD PROVIDED BY FIVE STAR CATERERS