

# CHALLENGE CAMP 2016

SESSION 1				
JUNE 27 <sup>TH</sup>	JUNE 28 <sup>TH</sup>	JUNE 29 <sup>TH</sup>	JUNE 30 <sup>TH</sup>	JULY 1 <sup>ST</sup>
Chicken Tenders Smashed Potatoes Steamed Broccoli Fresh Fruit Quarters	Pasta Bar Fresh Tomato Salad Green Beans Pineapple	Roasted Turkey Sweet Potato Wedges Vegetable Medley Chocolate Chip Cookies	Oven Baked Fresh Pizza Vegetable Sticks Italian Ices	Hamburger, Cheese Burger, Veggie Burger Oven Baked Fries Corn on the Cob Watermelon
JULY 4 <sup>TH</sup>	JULY 5 <sup>TH</sup>	JULY 6 <sup>TH</sup>	JULY 7 <sup>TH</sup>	JULY 8 <sup>TH</sup>
NO CAMP	Macaroni and Cheese Sweet Peas Apple Sauce	Turkey Tacos Lettuce, Salsa, and Cheese Roasted Carrots Nectarines	Baked Ziti Vegetables Sweet Peas Cookies	Oven Baked Fresh Pizza Vegetable Sticks Chocolate Chip Cookies
JULY 11 <sup>TH</sup>	JULY 12 <sup>TH</sup>	JULY 13 <sup>TH</sup>	JULY 14 <sup>TH</sup>	JULY 15 <sup>TH</sup>
BBQ Chicken Garlic Bread Steamed Green Beans Sliced Pears	Waffle Bar with Toppings Scrambled Eggs Roasted Potatoes Fresh Fruit	Cheese Tortellini Vegetable Medley French Bread Peach Slices	Hamburger, Cheese Burger, Veggie Burger Oven Baked Fries Corn on the Cob Watermelon	Oven Baked Fresh Pizza Vegetable Sticks Italian Ices
JULY 18 <sup>TH</sup>	JULY 19 <sup>TH</sup>	JULY 20 <sup>TH</sup>	JULY 21 <sup>ST</sup>	JULY 22 <sup>ND</sup>
Fish and Chips French Green Beans Brownies	Chicken Tenders Cous cous Sautéed Broccoli Apple Sauce	Beef Tacos Lettuce, Salsa, and Cheese Roasted Carrots Nectarines	Macaroni and Cheese Steamed Zucchini Jell-O	Oven Baked Fresh Pizza Salad Bar Chocolate Chip Cookies
SESSION 2				
JULY 25 <sup>TH</sup>	JULY 26 <sup>TH</sup>	JULY 27 <sup>TH</sup>	JULY 28 <sup>TH</sup>	JULY 29 <sup>TH</sup>
Popcorn Chicken White and Wild Rice Roasted Squash Apple Sauce	Pasta Bar Fresh Tomato Salad Green Beans Plums	Waffle Bar with Toppings Scrambled Eggs Roasted Potatoes Fresh Fruit	Honey Dipped Chicken Smashed Sweet Potatoes Steamed Cauliflower Bananas	Oven Baked Fresh Pizza Beet Salad Pudding
AUGUST 1 <sup>ST</sup>	AUGUST 2 <sup>ND</sup>	AUGUST 3 <sup>RD</sup>	AUGUST 4 <sup>TH</sup>	AUGUST 5 <sup>TH</sup>
BBQ Chicken Herbed Egg Noodles Snow Peas Fruit Salad	Macaroni and Cheese Whole Grain Rolls Vegetable Medley Apple Sauce	Beef Tacos Confetti Rice Herbed Green Beans Watermelon	Cheese Tortellini Vegetables Sweet Peas Cookies	Oven Baked Fresh Pizza Wheatberry Salad Fruit Salad
AUGUST 8 <sup>TH</sup>	AUGUST 9 <sup>TH</sup>	AUGUST 10 <sup>TH</sup>	AUGUST 11 <sup>TH</sup>	AUGUST 12 <sup>TH</sup>
Hamburger, Cheese Burger, Veggie Burger Potato Salad Corn on the Cob Watermelon	Fish and Chips Green Beans Sliced Pears	Pasta Bar French Bread Steamed Broccoli Peach Slices	Chicken Tenders Oven Baked Fries Roasted Carrots Jell-o	Oven Baked Fresh Pizza Vegetable sticks Cookies

## Daily Alternatives

Self service Salad Bar is available with lunch every day.

1% Milk, Lo-Fat Chocolate, and 100% Fruit Juice will be offered daily with lunch meal.

Yogurt, House made Granola and Fresh Fruit

Plain Bagel will be offered daily as an alternative.

Ice Cream or Ice Pop Treat served daily as a Snack.

**If you have a food allergy, please speak to the owner, manager, chef or your server.**